

## NCTIC provides...

### Trauma Training and Technical Assistance

In order to facilitate trauma-informed services that support trauma survivors and the healing process, NCTIC offers free or low-cost trauma training and technical assistance to publicly-funded health and human service systems and programs in the United States.

### Education and Outreach

NCTIC raises awareness of the prevalence of trauma and the benefit of trauma-informed programs and services through education and outreach.

### Speakers Bureau

Talented experts and survivors are available to speak on this issue in conference speeches, workshop presentations, and media interviews.

### Resources

NCTIC shares state-of-the-art trauma-informed models for trauma-specific treatments and interventions, including topic papers and research, links, and other materials to help educate and foster a deeper understanding of the impact of trauma—and the benefits of providing trauma-informed care.



The National Center for Trauma-Informed Care conducts education and outreach and provides free or low-cost trauma training and technical assistance for publicly-funded programs and systems.

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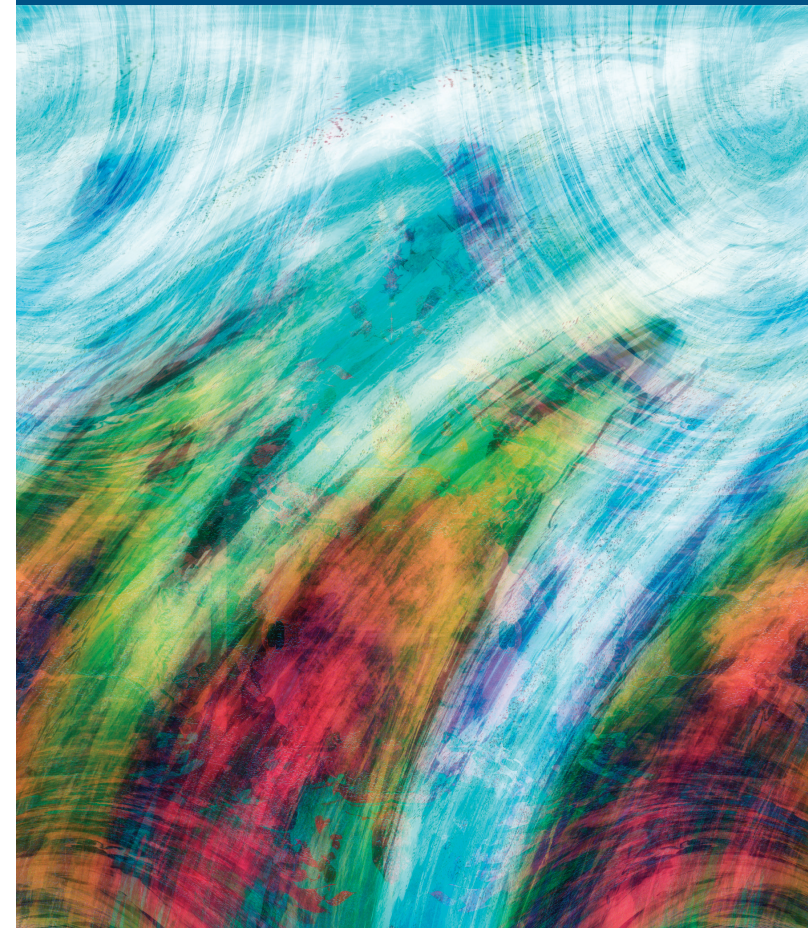
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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Substance Abuse and Mental Health Services Administration  
Center for Mental Health Services  
[www.samhsa.gov](http://www.samhsa.gov)

## National Center for Trauma-Informed Care

Providing Trauma Education  
and Technical Assistance  
to Publicly-Funded Systems



**Trauma-informed approaches improve your program's effectiveness while supporting the healing process.**

## About NCTIC

Violence knows no boundaries with regard to age, race, ethnicity, economics, gender, geography, or sexual orientation. Trauma is experienced as the result of violence, abuse, neglect, disaster, war, or other emotionally destructive experiences. It affects us all, directly or indirectly, and can be devastating.

NCTIC offers trauma training, technical assistance, education and outreach, a speakers bureau, and resources to stimulate and support change in publicly-funded programs and systems in order to address the trauma experienced by so many survivors. This cultural shift is important not only in providing effective services, but also to ensure that survivors are not further traumatized.

NCTIC (f/k/a the Center on Women, Violence and Trauma) was created in 2005 and is funded by the Center for Mental Health Services (CMHS), through contract number 280-03-2900 to Abt Associates. Program managers include Susan Salasin as CMHS Project Officer, Ruta Mazelis and Jacki McKinney for consumer program development, the National Association of State Mental Health Program Directors for training and technical assistance, and Witness Justice for education and outreach.

## Why Taking a Trauma-Informed Approach Matters

A trauma-informed approach is based on the recognition that the symptoms expressed by survivors are directly related to traumatic experiences and often cause so many mental health, substance abuse, and behavioral health concerns. Unlike traditional services, trauma-informed approaches focus on trauma as a central issue that is key to improving program efficacy while supporting the healing process.

Whether in mental health, substance abuse, criminal justice, victim assistance, education, primary care, or other types of publicly-funded systems and programs, NCTIC tailors its training and technical assistance to support your organization in taking this important step forward. NCTIC also provides implementation support and other related resources to assist your organization in integrating trauma-informed concepts and trauma-specific interventions into agency or program management in a productive and sustainable manner.

With a better collective understanding of trauma, more survivors will find their path to healing and wellness. And with a greater public commitment to trauma-informed programs and

systems for survivors, we lessen and prevent a wide range of health, behavioral health, and social problems for generations to come.

*Supporting veterans of war to cope with horrific images and memories and to heal from the experienced trauma...*

*Considering how isolation experienced by survivors of violent crime can be lessened with trauma-informed care — and how this enhances the criminal justice process...*

*Understanding that privacy and respect will be more important in the healing process than seclusion and restraint for a survivor of early childhood sexual abuse...*

*Recognizing that a trauma-informed approach will improve your program and systems of service — and ultimately increase your effectiveness...*

**NCTIC Trauma Training and Technical Assistance — Working with You for Meaningful Change**

Training & Technical Assistance

Education & Outreach

Speakers Bureau

Resources

**NCTIC**  
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